



# NOR'WESTER

## Rotary Club of Northwest Des Moines

[www.clubrunner.ca/northwestdesmoines](http://www.clubrunner.ca/northwestdesmoines)

### Prez Sez...

Wendi Wilson

There is so much we can do as Rotarians that will mean so much to others. And as important as it is to give material assistance – to help in the areas of water, health and hunger, and literacy – it is equally vital that we give that help freely, with true caring for others. Because often, simply caring is what helps others most of all.

As of 25 May, Rotarians have raised about \$127.4 million for Rotary's US\$200 Million Challenge. These contributions will help Rotary raise \$200 million to match \$355 million in challenge grants received from the Bill & Melinda Gates Foundation. The resulting \$555 million will directly support immunization campaigns in developing countries, where polio continues to infect and paralyze children, robbing them of their futures and compounding the hardships faced by their families.



Abbie, Prez & Gabi

### Scribbles

## Vicki Foresman YMCA of Greater DM



Ms. Foresman described the YMCA as an organization that has opportunities to interact with individuals from "womb to tomb" through their diverse programming of family and individual wellness and recreational activities. She shared that the Y's mission statement is "to put Christian principles into practice through programs that build healthy spirits, minds, and bodies, for all."

The local YMCA has several goals but recently have adopted the priorities of building character in kids, promoting healthy lifestyles, and strengthening families.

In 2007, the YMCA drafted a strategic plan of expanding their footprint in the Des Moines area by improving or building new capital structures and entitled this initiative the "Strong Futures capital Campaign". This capital drive has resulted in the following capital projects:

1. Construction and partnership with Mercy Hospital of a new facility in Clive known as the Healthy Living Center which focuses on prevention of health concerns rather than reacting to pre-existing conditions. The center does focus attention and resources on cardiac and stroke recovery; weight loss and nutrition; and patients with neuro-disorders.
2. Construction of a new \$14MM YMCA facility in Waukee that presently serves over 12,000 members (since 2008)
3. Northwest YMCA - planned for the Johnston-Grimes areas, this new Y will be patterned after the Waukee YMCA and will serve the NW ¼ of Des Moines MSA.

continued....

June 11, 2010

Program:

Chris Burch

Des Moines Marathon

Arranged By:

Chuck Corwin

Greeter:

James Schmidt

Invocation:

Paul Kirpes

Sergeant:

Ed Arnold

Scribe:

Kevin Smith

2009-10

OFFICERS AND DIRECTORS

Wendi Wilson, President

Eric Dickinson, President Elect

Brad Helgemo, Secretary

Wanda Armstrong, Treasurer

Ed Arnold, Director

Jim Arthur, Director

Chuck Corwin, Director

Rick Grant, Director

Marcus Dunn, Director

Cam Torstenson, Past President

Dianne D-Nelson, Exec Sec

Mark McAndrews, Exec Treas

Future Programs

6/18: Get Ready for Bike Ride Meeting

6/25: Gene Gabus "Changes in the Auto Industry"

## Other Local Meetings

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Hotel Fort Des Moines, (Noon)

Winterset, Northside Cafe, (Noon)

### Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

## Scribbles continued...

4. Construction of Supportive Housing facility that will move the existing men's transitional housing facility at the Riverfront YMCA to a new 140 room facility that will include counseling and healthcare services for the "near homeless" population of Des Moines

The Y's membership services are many and varied and include significantly greater breadth and depth than other street corner gyms or workout facilities. The services are geared around developing and promoting healthy family units and include aquatic, cycling, after school programming, teen leadership development, youth sports programs, and active older adult programs.

It is clear, from Ms. Foresman's remarks, that the YMCA is truly putting Christian principles into practice!

Kevin Smith, Scribe

## Giggles



"Tom, this is Kate from the office. Boy, you're a hard person to reach when you're on vacation!"

## We'll Be Singing . . .

Opening: Star Spangled Banner

Song Time:

God Bless America

You're A Grand Old Flag (#80)



Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

**Chuck Corwin**

Phone: 515-226-7605

Fax: 515-223-9301

ccorwin@bryton.com

## Future Information

### Program

Chairperson:

**Gil DeRoos**

No Program, June 18

Gene Gabus, June 25

TBA, July 2

### Greeters

Chairperson:

**Nancy Johnson**

No Program, June 18

TBA, June 25

TBA, July 2

### Invocation

Chairperson:

**Jim Pittman**

No Program, June 18

Phil Houle, June 25

TBA, July 2

### Sergeant

Chairperson:

**Kevin Smith**

No Program, June 18

Gene Gabus, June 25

TBA, July 2

### Scribe

Chairperson:

**Larry Sample**

No Program, June 18

Tim Sitzman, June 25

TBA, July 2